

# Leap frog putting

Many people tell me that they don't like to practice golf, that it is boring and they would rather be out on the course.

**But as the saying goes – 'practice makes perfect'** so you can't expect any great improvements in your golf if you don't practice.

To help make practice more interesting I encourage people, especially juniors, to use drills that are more like a game than practice.

This game is great for to help you get the feel of your putts and increase your speed of play. Place a ball marker on the green five feet away on a gentle upslope or downslope. Putt to the marker, trying to stop the ball no more than six inches past it. But that's only half of the challenge. The tough part is that you have to predict right after you strike the ball whether you've hit a successful putt.

Regardless of the outcome, roll another putt with the goal of reaching the first ball but not going more than six inches past it. Again, try to predict the outcome as soon as you hit the putt. Keep going until you get out to 10 feet.

You can keep score, too. Your objective is to avoid getting points. You add a point every time you're unsuccessful with the putt and the prediction, or even the prediction. (Remember, you're trying to develop feel here, so the prediction is the key.) If a putt is unsuccessful but you predict the failed attempt, you get a half point. Hit a good putt and predict it, and you add no points. If you're playing against someone, the player with the fewest points when you reach 10 feet wins. If you're playing alone, try to beat your lowest score.

01



↑ 01: 0 points

02



↑ 02: 0 points

03



03: 01: 1 point as it went further than I predicted and is more than 6 inches past the previous ball

04



04: 0 points

05



05: 01: 1 point as it is outside the marker

# COACH



## Mitchell Price

- NZPGA GOLF PRO
- > North Harbour Golf Coach
  - > Ping Ambassador
  - > Lululemon Ambassador

### QUALIFICATIONS

- > NZPGA professional
- > Titleist TPI Certified

### COACHING SERVICES

- > Personalised Programmes
- > Junior Development Programmes
- > Specialized Coaching Clinics

### LOCATION

- > Takapuna Golf Club
- > Northcote Road
- > Takapuna, Auckland

### CONTACTS

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