



Ferntinental

Cafe and Restaurant

All Day Menu

Free Range eggs for **ALL** meals
Kitchen Closes at 14:30 daily,
please order at the counter

Mains

Bagel with Cream Cheese & Jam 8.0

How You Like It (GF available + 2.0) 11.0
Bacon 15.0 / Salmon 16.0
Poached or fried on a toasted bread
(scrambled egg + 1.0)

French Toast 19.0
Banana, bacon, seasonal fruits with Maple syrup
served with Brioche bun + vanilla ice cream

BIG Breakfast 24.0
Pork sausages, bacon, vine tomato, mushroom, baked
beans, agria rosti & a slice of sourdough or multigrain
bread with poached egg (scrambled egg + 1.0)

Breakfast Taco 19.5
Scrambled eggs, chorizo, avocado, salsa feta tomato,
red onion, chilli

Hash Egg Bene (GF available + 2.0)
Haloumi 19.0 / Bacon 20.5 / Salmon 22.5
Poached eggs served with house-made potato rosti, courgette
chips drizzled with Hollandaise (English Muffin option available)

Omelette Vegetarian (GF available + 2.0) 19.0
Bacon 20.5 / Salmon 22.5
Mushroom, tomato, onion, kumara, pumpkin, mozzarella
served with toast

The KIWI (GF available + 2.0) 21.5
Juicy Lamb served with rosemary, spinach with
house-made potato rosti, kumara crisps, poached egg

Sweet Corn Fritters Vegan 18.5
Bacon 22.5
Rich creamy sweet corn fritters served with field
mushroom and mixed salad based on Ferntinental
style of hummus and sweet chilli on side

Mighty Beef Burger 22.5
Prime house-made beef bulgogi patty, cheddar cheese,
fancy lettuce, tomato, red onion, gherkins, mushroom,
black steamed bun with your choice of salad or fries

Creamy Mushroom 19.5
Mushroom, bacon, parmesan cheese, garlic with
poached egg, served with sourdough

Avocado Lovers (GF available + 2.0) (V) 17.5
Bacon 20.5 / Salmon 22.0
Guacamole with chilli layered on top of fresh spinach,
deep fried kale and feta served with olive oil

House Fish Burger 22.5
Fresh crumbed fish filet, fancy lettuce, tomato, red onion,
black steamed bun with choice of salad or fries

Fish & Chips 22.5
Fish and chips served with a tomato dill and caper salsa,
tartare sauce and lemon

Thai Beef Salad (GF available + 2.0) 21.5
Scotch fillet steak, cashew nuts, cucumber, mixed salad
with Thai dressing & crispy noodle

Chicken Yuzu Salad 20.5
Lemon, lime and yuzu marinated grilled chicken, radish,
mixed salad, sweet corn, cherry tomato, pomegranate,
kumara chips

Prawn Soba Salad 20.5
Japanese style soba noodle served with grilled buttered
garlic prawn and mixed salad alfafa drizzled with chef's
spiced sauce

Squid Salad 19.0
Deep fried lemon pepper squid mixed salad served
with sweet chilli sauce

Ferntinental Prawn Pasta 22.5

Ferntinental Lamb Pasta 21.5

Sides

Rosti 4.0

Bacon 6.0

Smoked Salmon 7.0

Mushroom 5.0

Pork Sausage 5.5

Chicken 6.0

Additional Free Range Egg
Poached/ Fried/ Scrambled 2.5 / 2.5/ 3.5

Additional Toast / GF Toast 1.5 / 2.5

Courgette Chips 4.0

Hash Brown 3.0

Extra Sauce 2.0

Small Bites

Hashtag Fries with Aioli 8.0

Wedges with Sour Cream and Sweet Chili 9.5

Toasted Sandwich :
Two fillings/ Three fillings/ Four fillings 7.0/ 8.0/ 9.0
Ham, cheese, pineapple, tomato, onion, mushroom,
egg, bacon



Kid's Bacon and Eggs on Plain Toast with Hash Brown 10.5

**Kid's French Toast with Banana, Bacon, Maple Syrup
and Cream** 11.0

Fish & Chips with Small Salad 12.0

Chicken Nuggets, Chips 11.0

Kid's Pasta 11.0

VG - Vegetarian **GF - Gluten Free**
DF - Dairy Free **V - Vegan**

* Please advise on dietary requirements + allergens so our staff can advise on alternative dishes. Whilst we take as much care as humanly possible, we cannot guarantee that trace elements may not be present

* Our venue is available to hire for function events

* We also provide Catering services for morning tea and functions

Coffee

Espresso		3.5
Piccolo		4.5
Long Black		4.0
Americano		4.0
Macchiato (Short/ Long)		4.5
Flat White	S 4.5 M 5.0 L 5.5	
Cappuccino	S 4.5 M 5.0 L 5.5	
Green Tea Latte	M 5.0 L 5.5	
Hot Chocolate	M 5.0 L 5.5	
Mochaccino	M 5.5 L 6.0	
Chai Latte	M 5.0 L 5.5	
Latte	M 5.0 L 5.5	
Kid's Hot Chocolate		3.5
Kid's Fluffy		2.5

* Soymilk, Almond milk, Coconut milk, Cream +0.50
 Extra shot +0.50
 Extra double shots +1.00
 Flavoured syrups +0.50
 Decaf +0.50

Cold Drinks

Iced Americano	5.5
Iced Latte	7.0
Iced Chocolate	7.0
Green Tea Frappuccino	7.5
Iced Mocha	7.5
Peach Ice Tea	5.5
Green Apple Soda	6.0
Lime Rantcho Soda	6.0



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Tea 5.0

- English Breakfast
- Earl Grey
- Imperial Sencha
- Strawberry Plum
- Ginger Limoncello
- Peppermint Breeze
- Camomile Blossom
- Maple Walnut

Smoothies 8.5

- Blueberry Protein Smoothie
- Tropical Smoothie
- Detox Green Smoothie
- Strawberry & Banana Smoothie
- Mango Banana Smoothie
- Vanilla/ Oreo/ Chocolate/ Caramel/ Strawberry Milkshake \$6.5

* Substitute to Soymilk, Almond milk, Coconut milk +1.5

Bottled Beer 7.0

- Speight's
- Steinlager Pure
- Steinlager Tokyo Dry
- Stella Artois
- Heineken
- Heineken Light
- Heineken 00%
- Corona
- Somersby Apple Cider
- DB Export Citrus

Tap Beer 8.5

- Mac's Gold
- Tiger \$9
- Monteith Ale
- Monteith Black

Mini Bubble \$9/Large Bottle \$40

House Wine 8.0 / 40

- | WHITE | RED |
|-------------------|--------------|
| • Pinot Gris | • Scarlet |
| • Sauvignon Blanc | • Pinot Noir |
| • Chardonnay | • Syrah |
| • Rose | • Merlot |